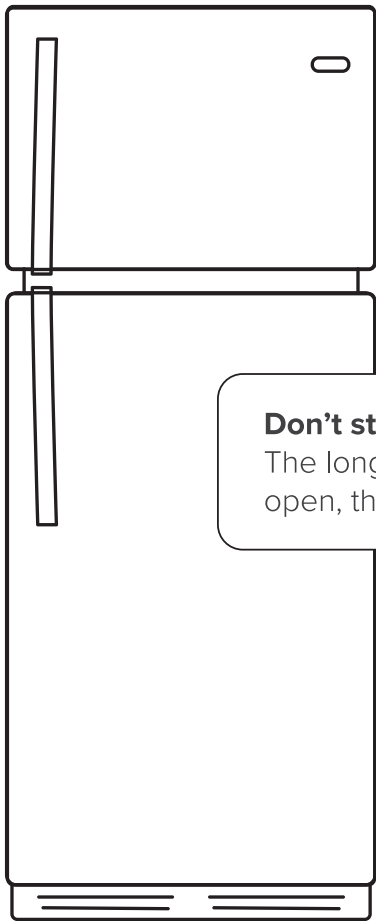


My home WAYS TO SAVE ENERGY

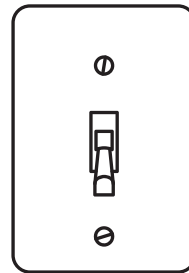
in the kitchen!

There are lots of ways to save energy around the house and you can play a big role. Let's head to the kitchen and get started. Grab some crayons or markers and create your energy saving artwork. Then have a parent or older sibling post it on the refrigerator so the whole family will remember these energy saving tips.



Don't stare into the fridge

The longer you keep the door open, the more energy it wastes



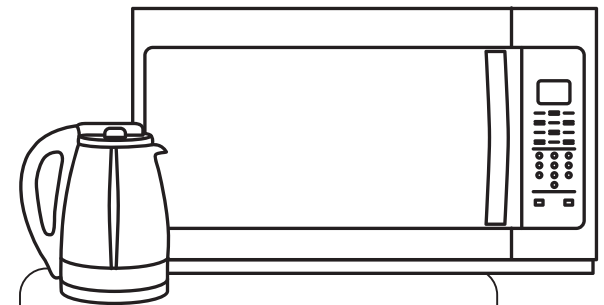
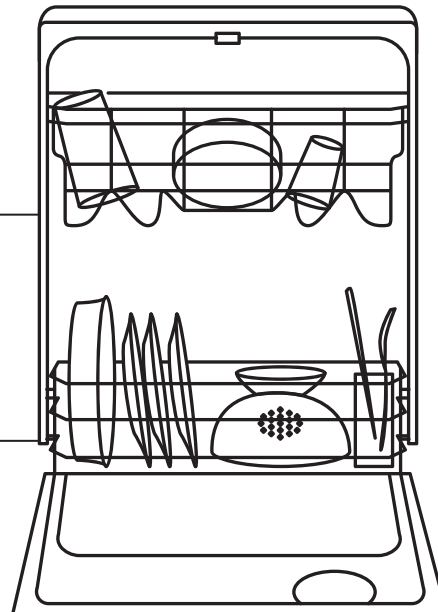
Flip the switch

Don't forget to turn off the lights when no one is using them



Load up the dishwasher

Save by running a full load at night and letting dishes air dry



A better way to cook

Microwaves and electric kettles can be more efficient than the oven or stove